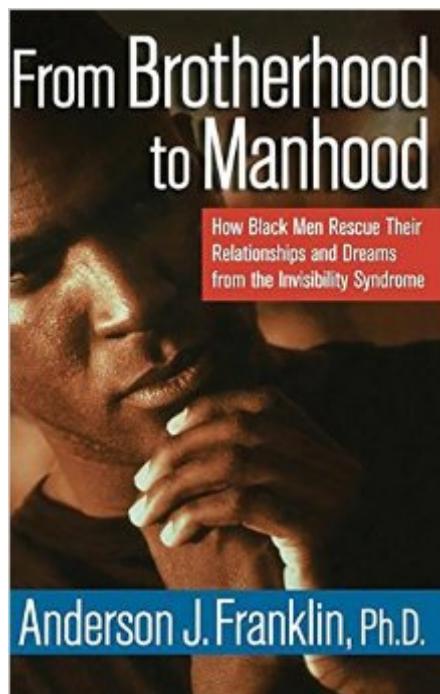


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# From Brotherhood To Manhood: How Black Men Rescue Their Relationships And Dreams From The Invisibility Syndrome



## Synopsis

Wisdom and guidance for African American men in search of a full and empowered life." "From Brotherhood to Manhood explores-with rich clinical wisdom-the unique burdens of being black and male in America. A.J. Franklin offers insightful advice to inspire men from any background. This forthright book should be read by everyone interested in understanding the obstacles along the journey toward manhood." "-Alvin F. Poussaint, M.D., Professor of Psychiatry, Harvard Medical School" "Dr. Anderson Franklin travels to the core of Ralph Ellison's Invisible Man and reinterprets how this idea plays itself out today. For those African Americans who live with 'Invisibility syndrome' daily and are in need of relief, he offers solutions. For a nation still oblivious to the ways it tears out the heart of our democratic republic, he offers a wake-up call." "-Bakari Kitwana, author of the Hip Hop Generation: Young Black and the Crisis in African American Culture" "I believe this can be an extraordinarily useful tool not only for black males, but for all of those who will be interacting with black males in American society." "-Benjamin S. Carson, Sr., M.D., Professor of Neurological Surgery, Oncology, Plastic Surgery, and Pediatrics, Johns Hopkins Medical Institutions" "Invisible brothers become visible men on the pages of this book. Dr. Franklin exposes the problem, unburdens the reader, gives hope for healing, [and] designs and forges new paths to visibility. What a debriefing!" "-Dr. Gwendolyn Goldsby Grant, psychologist, advice columnist, Essence magazine, and author of the Best Kind of Loving" "Not since Ralph Ellison's Invisible Man has any author captured so powerfully and authentically the essence of what life is like in America for African American men." "-Dr. Jeremiah A. Wright, Senior Pastor, Trinity United Church of Christ, Chicago, Illinois" "This warm, real, and often heartbreaking book gives us an insider's view of what it is like to be black and male in this world. Dr. Franklin offers practical strategies for the affirmations needed and the celebrations required if we have men in our lives. If you know and care about a black man, you ought to read this book." "-Gail Elizabeth Wyatt, Ph.D., Professor, Department of Psychiatry and Biobehavioral Sciences, UCLA Neuropsychiatric Institute, author of Stolen Women, and coauthor of No More Clueless Sex

## Book Information

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## **Customer Reviews**

I have not only used this book as part of my clinical work with patients, but have also provided copies of this book to various African-American male patients with whom I have and continue to work. A great addition to your personal or professional library...

Dr. Franklin visited Howard University earlier this month. He gave a powerful lecture; however, his lecture was not nearly as powerful as his book.

I understand the anger and frustration regarding the experience man and women of color have had through out history. (It's upsetting to me that salvery existed at all and discrimination continues! ) Additionally upsetting is that I also belive there are many others, not necessarily of color, who have had the same negative and discrimantory experiences. Yet the book portrays it as a condition unique to people of color only. Yes, I know it was/is not exactly the same, but to say that ONLY people of color have had these experiences because of their color seems to further separate race, culture and people of any color because of this implication of uniqueness.I do agree that focusing on this victimazation leads to a victim mentality and does not necessarily help the individual. I was thankful, however, to finally reach the last section of the book where concrete suggestions or helpful ideas/insight were offered to those who have been treated this way or to those who are in the helping profession so that this invisibity syndrome can be changed and individuals can grow beyond their negative thoughts and experiences. Overall, as painful and disturbing as it was to read the first half, I am thankful for this read and would recommend it to anyone who would like a better understanding of how others struggle and how to help build better communitys of support and love.

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